The goal is to keep our employees free of injuries by promoting safety awareness. Each day, slips, trips, and falls seriously injure more people than any other type of incidents. The most common causes of slip-and-fall injuries in the workplace are slippery surfaces, tripping and falling hazards, and standing on unstable surfaces or objects.

Make sure to look for these common hazards and take time for these simple precautions:

**Slippery Surfaces**

* Clean up spills immediately and use caution signs to warn others.
* Notify appropriate internal staff of spill and type.
* Don’t be afraid to request help.
* Wear shoes with slip-resistant soles.

**Tripping Hazards**

* Keep all electrical cords out of the way or covered.
* Keep all walkways clear.
* Only carry items you can see over.
* Watch your step; be aware of your surroundings inside and out.

**Fall Prevention**

* Only use approved ladders or stepstools.
* Ensure ladder legs are even and on firm ground.
* Use handrails on stairs.
* Use extra caution when walking or carrying on elevated surfaces.